

26 , 400m  
25.05.2023 - 13:14

: 4:37.00 / : 4:55.00

: FINA 2022

1.				03				<b>4:45.96</b>					620
	50m:	29.61	29.61	150m:		250m:	2:57.41	42.13	350m:	4:12.32	34.00		
	100m:	1:03.88	34.27	200m:	2:15.28	300m:	3:38.32	40.91	400m:	4:45.96	33.64		
2.				07					<b>4:50.22</b>				593
	50m:	30.23	30.23	150m:	1:42.18	37.35	250m:	3:00.21	350m:	4:16.91	34.53		
	100m:	1:04.83	34.60	200m:			300m:	3:42.38	42.17	400m:	4:50.22	33.31	
3.				04					<b>4:53.34</b>				574
	50m:			150m:			250m:		350m:				
	100m:	1:03.58		200m:	2:18.67		300m:	3:46.61	400m:	4:53.34			
4.				06					<b>4:57.35</b>				551
	50m:	29.94	29.94	150m:			250m:	3:07.99	42.14	350m:	4:25.42	34.11	
	100m:	1:06.66	36.72	200m:	2:25.85		300m:	3:51.31	43.32	400m:	4:57.35	31.93	
5.				03					<b>5:00.55</b>				534
	50m:			150m:	1:40.65		250m:	3:03.20	350m:	4:23.80			
	100m:			200m:			300m:		400m:	5:00.55	36.75		
6.				08			" "		<b>5:05.73</b>				507
	50m:	32.46	32.46	150m:			250m:		350m:	4:33.77	32.28		
	100m:	1:09.76	37.30	200m:	2:30.00		300m:	4:01.49	400m:	5:05.73	31.96		
7.				08					<b>5:10.42</b>				484
	50m:	30.16	30.16	150m:			250m:	3:12.67	43.93	350m:			
	100m:	1:07.11	36.95	200m:	2:28.74		300m:	3:58.36	45.69	400m:	5:10.42		
8.				08					<b>5:10.56</b>				484
	50m:	32.53	32.53	150m:	1:49.18	40.53	250m:		350m:	4:36.79	35.91		
	100m:	1:08.65	36.12	200m:	2:28.63	39.45	300m:	4:00.88	400m:	5:10.56	33.77		
9.				08			" "		<b>5:10.61</b>				483
	50m:	33.39	33.39	150m:	1:50.42		250m:	3:15.06	350m:	4:36.31			
	100m:			200m:			300m:		400m:	5:10.61	34.30		
10.				04			" "		<b>5:13.39</b>				471
	50m:	30.25	30.25	150m:			250m:	3:16.23	350m:	4:38.52			
	100m:			200m:			300m:		400m:	5:13.39	34.87		