

9

, 400m

14.03.2024 - 10:00

: 4:05.00 / : 4:22.50 / 1 : 4:42.50

: FINA 2024

1.			08					4:17.93 Q		621		
	50m:	27.93	27.93	150m:	1:32.33	32.81	250m:	2:38.85	33.49	350m:	3:46.07	33.24
	100m:	59.52	31.59	200m:	2:05.36	33.03	300m:	3:12.83	33.98	400m:	4:17.93	31.86
2.			09					4:19.10 Q		612		
	50m:	28.80	28.80	150m:	1:32.29	31.96	250m:	2:38.58	33.61	350m:	3:46.05	33.91
	100m:	1:00.33	31.53	200m:	2:04.97	32.68	300m:	3:12.14	33.56	400m:	4:19.10	33.05
3.			08					4:20.31 Q		604		
	50m:	27.94	27.94	150m:	1:32.86	32.92	250m:	2:40.16	33.46	350m:	3:48.63	34.29
	100m:	59.94	32.00	200m:	2:06.70	33.84	300m:	3:14.34	34.18	400m:	4:20.31	31.68
4.			08					4:20.52 Q		602		
	50m:	28.26	28.26	150m:	1:32.53	32.52	250m:	2:38.80	33.09	350m:	3:47.27	34.16
	100m:	1:00.01	31.75	200m:	2:05.71	33.18	300m:	3:13.11	34.31	400m:	4:20.52	33.25
5.			09					4:20.83 Q		600		
	50m:	28.43	28.43	150m:	1:32.84	32.57	250m:	2:40.48	34.31	350m:	3:49.37	34.64
	100m:	1:00.27	31.84	200m:	2:06.17	33.33	300m:	3:14.73	34.25	400m:	4:20.83	31.46
6.			10					4:20.98 Q		599		
	50m:	29.37	29.37	150m:	1:36.39	33.93	250m:	2:43.78	33.59	350m:	3:49.43	32.39
	100m:	1:02.46	33.09	200m:	2:10.19	33.80	300m:	3:17.04	33.26	400m:	4:20.98	31.55
7.			08					4:21.29 Q		597		
	50m:	28.41	28.41	150m:	1:33.78	33.45	250m:	2:41.79	34.49	350m:	3:49.35	33.96
	100m:	1:00.33	31.92	200m:	2:07.30	33.52	300m:	3:15.39	33.60	400m:	4:21.29	31.94
8.			08					4:22.04 Q		592		
	50m:	29.14	29.14	150m:	1:33.23	32.23	250m:	2:40.70	33.59	350m:	3:48.85	33.53
	100m:	1:01.00	31.86	200m:	2:07.11	33.88	300m:	3:15.32	34.62	400m:	4:22.04	33.19
9.			08					4:24.97 R 1		572		
	50m:	29.17	29.17	150m:	1:34.74	33.18	250m:	2:42.78	34.15	350m:	3:51.80	34.62
	100m:	1:01.56	32.39	200m:	2:08.63	33.89	300m:	3:17.18	34.40	400m:	4:24.97	33.17
10.			08					4:25.08 R 1		572		
	50m:	29.23	29.23	150m:	1:35.46	33.42	250m:	2:43.60	33.99	350m:	3:52.45	34.24
	100m:	1:02.04	32.81	200m:	2:09.61	34.15	300m:	3:18.21	34.61	400m:	4:25.08	32.63
11.			08					4:25.66 1		568		
	50m:	29.44	29.44	150m:	1:36.78	34.18	250m:	2:46.28	34.79	350m:	3:54.31	33.98
	100m:	1:02.60	33.16	200m:	2:11.49	34.71	300m:	3:20.33	34.05	400m:	4:25.66	31.35
12.			08					4:25.87 1		567		
	50m:	30.03	30.03	150m:	1:37.74	34.13	250m:	2:46.54	34.17	350m:	3:54.12	33.72
	100m:	1:03.61	33.58	200m:	2:12.37	34.63	300m:	3:20.40	33.86	400m:	4:25.87	31.75
13.			09					4:26.81 1		561		
	50m:	30.37	30.37	150m:	1:38.08	33.93	250m:	2:47.23	34.70	350m:	3:55.18	33.90
	100m:	1:04.15	33.78	200m:	2:12.53	34.45	300m:	3:21.28	34.05	400m:	4:26.81	31.63
14.			08					4:28.06 1		553		
	50m:	28.65	28.65	150m:	1:35.56	34.04	250m:	2:44.91	34.59	350m:	3:54.28	34.79
	100m:	1:01.52	32.87	200m:	2:10.32	34.76	300m:	3:19.49	34.58	400m:	4:28.06	33.78
15.			10 1					4:29.08 1		547		
	50m:	29.36	29.36	150m:	1:36.69	34.19	250m:	2:46.35	34.51	350m:	3:56.15	34.14
	100m:	1:02.50	33.14	200m:	2:11.84	35.15	300m:	3:22.01	35.66	400m:	4:29.08	32.93
16.			09 1					4:31.01 1		535		
	50m:	29.52	29.52	150m:	1:37.00	34.28	250m:	2:45.43	34.34	350m:	3:56.07	35.41
	100m:	1:02.72	33.20	200m:	2:11.09	34.09	300m:	3:20.66	35.23	400m:	4:31.01	34.94
17.			08 1					4:31.60 1		531		
	50m:	29.84	29.84	150m:	1:37.74	34.40	250m:	2:47.51	34.74	350m:	3:58.17	35.28
	100m:	1:03.34	33.50	200m:	2:12.77	35.03	300m:	3:22.89	35.38	400m:	4:31.60	33.43

9,		, 400m										
18.			09 1			4:32.38	1		527			
	50m:	28.82	28.82	150m:	1:36.69	34.22	250m:	2:48.16	35.61	350m:	3:58.12	35.01
	100m:	1:02.47	33.65	200m:	2:12.55	35.86	300m:	3:23.11	34.95	400m:	4:32.38	34.26
19.			09			4:32.54	1		526			
	50m:	29.34	29.34	150m:	1:37.02	34.57	250m:	2:47.58	35.09	350m:	3:58.94	35.55
	100m:	1:02.45	33.11	200m:	2:12.49	35.47	300m:	3:23.39	35.81	400m:	4:32.54	33.60
20.			09 1			4:32.78	1		525			
	50m:	30.30	30.30	150m:	1:40.60	36.03	250m:	2:50.43	34.18	350m:	3:59.72	34.44
	100m:	1:04.57	34.27	200m:	2:16.25	35.65	300m:	3:25.28	34.85	400m:	4:32.78	33.06
21.			10 1			4:33.01	1		523			
	50m:	29.61	29.61	150m:	1:39.01	35.01	250m:	2:49.00	35.08	350m:	3:59.22	35.26
	100m:	1:04.00	34.39	200m:	2:13.92	34.91	300m:	3:23.96	34.96	400m:	4:33.01	33.79
22.			08			4:33.21	1		522			
	50m:	29.15	29.15	150m:	1:36.50	34.47	250m:	2:47.30	35.39	350m:	3:58.52	35.53
	100m:	1:02.03	32.88	200m:	2:11.91	35.41	300m:	3:22.99	35.69	400m:	4:33.21	34.69
23.			08 1			4:33.42	1		521			
	50m:	31.07	31.07	150m:	1:39.33	34.41	250m:	2:48.82	34.87	350m:	3:59.51	35.01
	100m:	1:04.92	33.85	200m:	2:13.95	34.62	300m:	3:24.50	35.68	400m:	4:33.42	33.91
24.			08			4:33.52	1		520			
	50m:	31.19	31.19	150m:	1:40.60	35.16	250m:	2:51.26	35.12	350m:	4:00.75	34.21
	100m:	1:05.44	34.25	200m:	2:16.14	35.54	300m:	3:26.54	35.28	400m:	4:33.52	32.77
25.			08			4:34.31	1		516			
	50m:	29.64	29.64	150m:	1:38.26	34.55	250m:	2:48.50	34.91	350m:	4:00.20	35.53
	100m:	1:03.71	34.07	200m:	2:13.59	35.33	300m:	3:24.67	36.17	400m:	4:34.31	34.11
26.			09			4:36.67	1		503			
	50m:	30.06	30.06	150m:	1:39.58	35.36	250m:	2:50.30	35.40	350m:	4:02.55	36.37
	100m:	1:04.22	34.16	200m:	2:14.90	35.32	300m:	3:26.18	35.88	400m:	4:36.67	34.12
27.			09 1			4:36.68	1		503			
	50m:	30.88	30.88	150m:	1:40.05	34.95	250m:	2:51.46	35.76	350m:	4:03.27	35.44
	100m:	1:05.10	34.22	200m:	2:15.70	35.65	300m:	3:27.83	36.37	400m:	4:36.68	33.41
28.			10 1			4:37.07	1		501			
	50m:	30.35	30.35	150m:	1:40.82	35.91	250m:	2:53.21	35.93	350m:	4:04.78	35.28
	100m:	1:04.91	34.56	200m:	2:17.28	36.46	300m:	3:29.50	36.29	400m:	4:37.07	32.29
29.			08 1			4:37.10	1		500			
	50m:	31.54	31.54	150m:	1:41.84	35.55	250m:	2:53.19	35.63	350m:	4:03.74	34.64
	100m:	1:06.29	34.75	200m:	2:17.56	35.72	300m:	3:29.10	35.91	400m:	4:37.10	33.36
30.			08 1			4:37.52	1		498			
	50m:	29.35	29.35	150m:	1:38.18	34.97	250m:	2:50.61	35.91	350m:	4:03.70	35.96
	100m:	1:03.21	33.86	200m:	2:14.70	36.52	300m:	3:27.74	37.13	400m:	4:37.52	33.82
31.			09 1			4:38.71	1		492			
	50m:	30.64	30.64	150m:	1:40.70	34.82	250m:	2:52.00	36.07	350m:	4:04.48	35.94
	100m:	1:05.88	35.24	200m:	2:15.93	35.23	300m:	3:28.54	36.54	400m:	4:38.71	34.23
32.			09 1			4:39.03	1		490			
	50m:	30.63	30.63	150m:	1:42.32	36.08	250m:	2:55.14	35.55	350m:	4:05.89	35.13
	100m:	1:06.24	35.61	200m:	2:19.59	37.27	300m:	3:30.76	35.62	400m:	4:39.03	33.14
33.			09 1			4:40.04	1		485			
	50m:	30.75	30.75	150m:	1:43.49	36.70	250m:	2:54.61	35.61	350m:	4:05.66	35.35
	100m:	1:06.79	36.04	200m:	2:19.00	35.51	300m:	3:30.31	35.70	400m:	4:40.04	34.38
34.			09 1			4:42.18	1		474			
	50m:	31.12	31.12	150m:	1:42.82	35.94	250m:	2:55.75	36.28	350m:	4:08.20	36.22
	100m:	1:06.88	35.76	200m:	2:19.47	36.65	300m:	3:31.98	36.23	400m:	4:42.18	33.98
			09 1			4:42.18	1		474			
	50m:	30.88	30.88	150m:	1:40.24	35.66	250m:	2:54.01	37.06	350m:	4:06.98	36.43
	100m:	1:04.58	33.70	200m:	2:16.95	36.71	300m:	3:30.55	36.54	400m:	4:42.18	35.20

9,		, 400m										
36.			08 1			4:42.50	1		472			
	50m:	31.53	31.53	150m:	1:42.01	35.31	250m:	2:52.88	35.81	350m:	4:06.66	37.04
	100m:	1:06.70	35.17	200m:	2:17.07	35.06	300m:	3:29.62	36.74	400m:	4:42.50	35.84
37.			09 1			4:43.38			468			
	50m:	31.67	31.67	150m:	1:44.20	36.69	250m:	2:57.36	36.59	350m:	4:09.51	35.64
	100m:	1:07.51	35.84	200m:	2:20.77	36.57	300m:	3:33.87	36.51	400m:	4:43.38	33.87
38.			10 1			4:43.76			466			
	50m:	31.12	31.12	150m:	1:42.95	36.53	250m:	2:56.83	36.99	350m:	4:09.70	35.14
	100m:	1:06.42	35.30	200m:	2:19.84	36.89	300m:	3:34.56	37.73	400m:	4:43.76	34.06
39.			08 1			4:44.16			464			
	50m:	31.17	31.17	150m:	1:42.16	35.84	250m:	2:54.42	36.27	350m:	4:08.11	36.69
	100m:	1:06.32	35.15	200m:	2:18.15	35.99	300m:	3:31.42	37.00	400m:	4:44.16	36.05
40.			09 1			4:44.31			463			
	50m:	31.73	31.73	150m:	1:43.75	36.25	250m:	2:56.49	36.22	350m:	4:09.52	36.55
	100m:	1:07.50	35.77	200m:	2:20.27	36.52	300m:	3:32.97	36.48	400m:	4:44.31	34.79
41.			08 1			4:45.08			460			
	50m:	32.75	32.75	150m:	1:44.48	36.19	250m:	2:58.37	36.77	350m:	4:11.12	35.14
	100m:	1:08.29	35.54	200m:	2:21.60	37.12	300m:	3:35.98	37.61	400m:	4:45.08	33.96
42.			08 1			4:45.09			459			
	50m:	30.12	30.12	150m:	1:40.08	36.02	250m:	2:53.93	37.08	350m:	4:08.56	37.17
	100m:	1:04.06	33.94	200m:	2:16.85	36.77	300m:	3:31.39	37.46	400m:	4:45.09	36.53
43.			08 1			4:48.62			443			
	50m:	29.96	29.96	150m:	1:40.22	35.89	250m:	2:54.49	37.90	350m:	4:12.02	39.26
	100m:	1:04.33	34.37	200m:	2:16.59	36.37	300m:	3:32.76	38.27	400m:	4:48.62	36.60
44.			09 1			4:50.06			436			
	50m:	30.43	30.43	150m:	1:43.11	36.73	250m:	2:58.55	37.99	350m:	4:14.55	37.86
	100m:	1:06.38	35.95	200m:	2:20.56	37.45	300m:	3:36.69	38.14	400m:	4:50.06	35.51
45.			08 1			4:50.24			435			
	50m:	30.79	30.79	150m:	1:42.77	37.40	250m:	2:58.06	38.02	350m:	4:14.34	38.13
	100m:	1:05.37	34.58	200m:	2:20.04	37.27	300m:	3:36.21	38.15	400m:	4:50.24	35.90
46.			10 1			4:50.69			433			
	50m:	31.65	31.65	150m:	1:44.31	37.29	250m:	2:59.57	38.16	350m:	4:14.34	37.48
	100m:	1:07.02	35.37	200m:	2:21.41	37.10	300m:	3:36.86	37.29	400m:	4:50.69	36.35
47.			09 1			4:51.11			432			
	50m:	30.78	30.78	150m:	1:42.38	36.62	250m:	2:56.82	36.74	350m:	4:13.62	38.38
	100m:	1:05.76	34.98	200m:	2:20.08	37.70	300m:	3:35.24	38.42	400m:	4:51.11	37.49
48.			09 1			4:51.86			428			
	50m:	32.01	32.01	150m:	1:45.20	37.66	250m:	3:01.20	37.98	350m:	4:17.31	37.66
	100m:	1:07.54	35.53	200m:	2:23.22	38.02	300m:	3:39.65	38.45	400m:	4:51.86	34.55
49.			09 2			4:53.00			423			
	50m:	32.20	32.20	150m:	1:45.29	37.22	250m:	3:00.47	37.45	350m:	4:15.61	36.86
	100m:	1:08.07	35.87	200m:	2:23.02	37.73	300m:	3:38.75	38.28	400m:	4:53.00	37.39
50.			09 1			4:54.80			416			
	50m:	31.31	31.31	150m:	1:43.75	37.03	250m:	2:59.82	38.30	350m:	4:16.93	38.44
	100m:	1:06.72	35.41	200m:	2:21.52	37.77	300m:	3:38.49	38.67	400m:	4:54.80	37.87
51.			09 1			4:55.37			413			
	50m:	32.09	32.09	150m:	1:47.37	38.25	250m:	3:03.47	38.05	350m:	4:20.15	38.09
	100m:	1:09.12	37.03	200m:	2:25.42	38.05	300m:	3:42.06	38.59	400m:	4:55.37	35.22
52.			10 1			4:55.89			411			
	50m:	30.63	30.63	150m:	1:44.85	37.99	250m:	3:03.50	39.35	350m:	4:21.54	38.89
	100m:	1:06.86	36.23	200m:	2:24.15	39.30	300m:	3:42.65	39.15	400m:	4:55.89	34.35
53.			10 2			5:00.95			391			
	50m:	35.01	35.01	150m:	1:52.62	39.24	250m:	3:11.15	38.62	350m:	4:26.79	37.34
	100m:	1:13.38	38.37	200m:	2:32.53	39.91	300m:	3:49.45	38.30	400m:	5:00.95	34.16

	9,	, 400m	,	,									
54.			09 2				5:01.74				387		
	50m:	32.46	32.46	150m:	1:47.67	38.22	250m:	3:05.94	39.51	350m:	4:25.12	39.75	
	100m:	1:09.45	36.99	200m:	2:26.43	38.76	300m:	3:45.37	39.43	400m:	5:01.74	36.62	
55.			09 1				5:02.59				384		
	50m:	33.54	33.54	150m:	1:49.44	38.39	250m:	3:07.88	39.31	350m:	4:25.70	38.27	
	100m:	1:11.05	37.51	200m:	2:28.57	39.13	300m:	3:47.43	39.55	400m:	5:02.59	36.89	
56.			09 2				5:08.47				363		
	50m:	32.97	32.97	150m:	1:50.70	38.89	250m:	3:11.80	40.60	350m:	4:31.76	39.97	
	100m:	1:11.81	38.84	200m:	2:31.20	40.50	300m:	3:51.79	39.99	400m:	5:08.47	36.71	
57.			10 2				5:11.11				353		
	50m:	35.07	35.07	150m:	1:53.67	39.70	250m:	3:13.72	39.73	350m:	4:33.80	40.58	
	100m:	1:13.97	38.90	200m:	2:33.99	40.32	300m:	3:53.22	39.50	400m:	5:11.11	37.31	
58.			10 2				5:23.21				315		
	50m:	35.02	35.02	150m:	1:55.91	41.54	250m:	3:20.65	42.53	350m:	4:44.12	40.74	
	100m:	1:14.37	39.35	200m:	2:38.12	42.21	300m:	4:03.38	42.73	400m:	5:23.21	39.09	
59.			09 2				5:23.82				313		
	50m:	34.93	34.93	150m:	1:54.79	40.65	250m:	3:18.32	41.45	350m:	4:44.10	42.81	
	100m:	1:14.14	39.21	200m:	2:36.87	42.08	300m:	4:01.29	42.97	400m:	5:23.82	39.72	
60.			10 2				5:27.12				304		
	50m:	34.52	34.52	150m:	1:55.55	41.57	250m:	3:19.59	41.64	350m:	4:46.99	43.75	
	100m:	1:13.98	39.46	200m:	2:37.95	42.40	300m:	4:03.24	43.65	400m:	5:27.12	40.13	
61.			09 2				5:30.45				295		
	50m:	34.41	34.41	150m:	1:57.53	42.03	250m:	3:23.34	42.69	350m:	4:49.55	42.93	
	100m:	1:15.50	41.09	200m:	2:40.65	43.12	300m:	4:06.62	43.28	400m:	5:30.45	40.90	