

26
16.03.2024 - 9:24

, 400m

: 4:37.00 / : 4:55.00 / 1 : 5:12.50

: FINA 2024

1.			08					4:49.90	Q		585	
	50m:	29.71	29.71	150m:	1:40.81	36.56	250m:	2:59.29	41.50	350m:	4:16.92	34.36
	100m:	1:04.25	34.54	200m:	2:17.79	36.98	300m:	3:42.56	43.27	400m:	4:49.90	32.98
2.			08					4:51.53	Q		575	
	50m:	30.01	30.01	150m:	1:43.27	37.83	250m:	3:02.62	41.17	350m:	4:18.68	33.51
	100m:	1:05.44	35.43	200m:	2:21.45	38.18	300m:	3:45.17	42.55	400m:	4:51.53	32.85
3.			08					4:51.96	Q		573	
	50m:	29.61	29.61	150m:	1:42.57	38.48	250m:	3:02.28	41.94	350m:	4:18.95	34.60
	100m:	1:04.09	34.48	200m:	2:20.34	37.77	300m:	3:44.35	42.07	400m:	4:51.96	33.01
4.			10					4:56.65	Q 1		546	
	50m:	31.51	31.51	150m:	1:48.50	39.50	250m:	3:05.25	38.62	350m:	4:21.52	35.71
	100m:	1:09.00	37.49	200m:	2:26.63	38.13	300m:	3:45.81	40.56	400m:	4:56.65	35.13
5.			08					4:58.00	Q 1		538	
	50m:	30.41	30.41	150m:	1:45.12	37.80	250m:	3:05.48	42.28	350m:	4:23.26	34.05
	100m:	1:07.32	36.91	200m:	2:23.20	38.08	300m:	3:49.21	43.73	400m:	4:58.00	34.74
6.			09					4:58.01	Q 1		538	
	50m:	30.82	30.82	150m:	1:45.78	39.07	250m:	3:07.32	42.60	350m:	4:25.14	34.39
	100m:	1:06.71	35.89	200m:	2:24.72	38.94	300m:	3:50.75	43.43	400m:	4:58.01	32.87
7.			08					4:59.04	Q 1		533	
	50m:	31.03	31.03	150m:	1:45.01	37.53	250m:	3:05.00	42.96	350m:	4:24.77	35.59
	100m:	1:07.48	36.45	200m:	2:22.04	37.03	300m:	3:49.18	44.18	400m:	4:59.04	34.27
8.			09					4:59.34	Q 1		531	
	50m:	30.63	30.63	150m:	1:46.72	40.42	250m:	3:06.80	41.10	350m:	4:25.37	35.15
	100m:	1:06.30	35.67	200m:	2:25.70	38.98	300m:	3:50.22	43.42	400m:	4:59.34	33.97
9.			08					5:00.63	R 1		524	
	50m:	30.35	30.35	150m:	1:44.37	38.38	250m:	3:07.13	44.48	350m:	4:26.97	34.85
	100m:	1:05.99	35.64	200m:	2:22.65	38.28	300m:	3:52.12	44.99	400m:	5:00.63	33.66
10.			08					5:02.66	R 1		514	
	50m:	32.06	32.06	150m:	1:50.31	41.38	250m:	3:09.86	39.92	350m:	4:28.23	36.66
	100m:	1:08.93	36.87	200m:	2:29.94	39.63	300m:	3:51.57	41.71	400m:	5:02.66	34.43
11.			08					5:02.80	1		513	
	50m:	31.30	31.30	150m:	1:47.39	40.45	250m:	3:10.25	44.09	350m:	4:29.79	35.37
	100m:	1:06.94	35.64	200m:	2:26.16	38.77	300m:	3:54.42	44.17	400m:	5:02.80	33.01
12.			08 1					5:07.83	1		488	
	50m:	30.90	30.90	150m:	1:48.11	39.84	250m:	3:10.31	44.78	350m:	4:32.99	36.69
	100m:	1:08.27	37.37	200m:	2:25.53	37.42	300m:	3:56.30	45.99	400m:	5:07.83	34.84
13.			08 1					5:07.92	1		488	
	50m:	30.20	30.20	150m:	1:47.05	40.83	250m:	3:13.77	46.77	350m:	4:34.78	34.34
	100m:	1:06.22	36.02	200m:	2:27.00	39.95	300m:	4:00.44	46.67	400m:	5:07.92	33.14
14.			08 1					5:08.57	1		485	
	50m:	32.64	32.64	150m:	1:51.69	39.82	250m:	3:14.66	42.97	350m:	4:33.93	35.30
	100m:	1:11.87	39.23	200m:	2:31.69	40.00	300m:	3:58.63	43.97	400m:	5:08.57	34.64
15.			09 1					5:09.47	1		481	
	50m:	31.47	31.47	150m:	1:50.03	41.36	250m:	3:16.46	45.74	350m:	4:37.11	33.01
	100m:	1:08.67	37.20	200m:	2:30.72	40.69	300m:	4:04.10	47.64	400m:	5:09.47	32.36
16.			08					5:09.57	1		480	
	50m:	30.01	30.01	150m:	1:44.49	38.92	250m:	3:11.76	48.56	350m:	4:36.16	35.41
	100m:	1:05.57	35.56	200m:	2:23.20	38.71	300m:	4:00.75	48.99	400m:	5:09.57	33.41
17.			08 1					5:10.60	1		475	
	50m:	31.11	31.11	150m:	1:47.20	40.44	250m:	3:12.35	45.46	350m:	4:35.35	36.46
	100m:	1:06.76	35.65	200m:	2:26.89	39.69	300m:	3:58.89	46.54	400m:	5:10.60	35.25

26,	, 400m											
18.	08						5:10.87	1	474			
	50m:	32.92	32.92	150m:	1:55.30	43.52	250m:	3:18.86	40.76	350m:	4:36.27	36.19
	100m:	1:11.78	38.86	200m:	2:38.10	42.80	300m:	4:00.08	41.22	400m:	5:10.87	34.60
19.	08 1						5:12.55		467			
	50m:	31.47	31.47	150m:	1:48.62	41.01	250m:	3:14.32	46.21	350m:	4:38.09	36.48
	100m:	1:07.61	36.14	200m:	2:28.11	39.49	300m:	4:01.61	47.29	400m:	5:12.55	34.46
20.	10 1						5:13.39		463			
	50m:	31.38	31.38	150m:	1:51.00	42.08	250m:	3:18.30	47.28	350m:	4:39.25	33.98
	100m:	1:08.92	37.54	200m:	2:31.02	40.02	300m:	4:05.27	46.97	400m:	5:13.39	34.14
21.	08 1						5:18.84		439			
	50m:	32.83	32.83	150m:	1:53.94	43.07	250m:	3:20.47	45.42	350m:	4:44.04	37.60
	100m:	1:10.87	38.04	200m:	2:35.05	41.11	300m:	4:06.44	45.97	400m:	5:18.84	34.80
22.	09 1						5:21.18		430			
	50m:	33.52	33.52	150m:	1:56.35	42.27	250m:	3:23.47	47.48	350m:	4:46.15	35.02
	100m:	1:14.08	40.56	200m:	2:35.99	39.64	300m:	4:11.13	47.66	400m:	5:21.18	35.03
23.	09 1						5:21.47		429			
	50m:	33.20	33.20	150m:	1:56.19	41.68	250m:	3:21.93	44.07	350m:	4:45.22	38.11
	100m:	1:14.51	41.31	200m:	2:37.86	41.67	300m:	4:07.11	45.18	400m:	5:21.47	36.25
24.	09 1						5:22.18		426			
	50m:	34.06	34.06	150m:	1:56.39	41.73	250m:	3:22.36	46.35	350m:	4:45.39	37.54
	100m:	1:14.66	40.60	200m:	2:36.01	39.62	300m:	4:07.85	45.49	400m:	5:22.18	36.79
25.	10 1						5:23.36		421			
	50m:	32.65	32.65	150m:	1:52.03	40.12	250m:	3:20.99	48.28	350m:	4:46.52	37.22
	100m:	1:11.91	39.26	200m:	2:32.71	40.68	300m:	4:09.30	48.31	400m:	5:23.36	36.84
26.	09 1						5:28.96		400			
	50m:	33.98	33.98	150m:	2:00.03	44.80	250m:	3:30.98	48.19	350m:	4:53.47	36.66
	100m:	1:15.23	41.25	200m:	2:42.79	42.76	300m:	4:16.81	45.83	400m:	5:28.96	35.49
27.	08 1						5:30.33		395			
	50m:	32.91	32.91	150m:	1:54.24	43.72	250m:	3:25.96	49.20	350m:	4:53.20	37.68
	100m:	1:10.52	37.61	200m:	2:36.76	42.52	300m:	4:15.52	49.56	400m:	5:30.33	37.13
28.	08 2						5:34.24		381			
	50m:	35.63	35.63	150m:	2:02.16	44.25	250m:	3:31.31	46.00	350m:	4:57.63	39.15
	100m:	1:17.91	42.28	200m:	2:45.31	43.15	300m:	4:18.48	47.17	400m:	5:34.24	36.61