

18

, 400m

15.03.2024 - 17:03

: 5:11.50 / : 5:30.50 / 1 : 5:51.00

: FINA 2024

1.			11				5:16.47		592			
	50m:	32.68	32.68	150m:	1:54.74	43.23	250m:	3:19.22	43.88	350m:	4:40.64	37.00
	100m:	1:11.51	38.83	200m:	2:35.34	40.60	300m:	4:03.64	44.42	400m:	5:16.47	35.83
2.			09				5:20.64		570			
	50m:	35.35	35.35	150m:	2:01.95	43.73	250m:	3:26.75	43.35	350m:	4:46.44	36.15
	100m:	1:18.22	42.87	200m:	2:43.40	41.45	300m:	4:10.29	43.54	400m:	5:20.64	34.20
3.			10				5:21.92		563			
	50m:	33.80	33.80	150m:	1:54.43	42.32	250m:	3:23.90	48.76	350m:	4:47.73	35.24
	100m:	1:12.11	38.31	200m:	2:35.14	40.71	300m:	4:12.49	48.59	400m:	5:21.92	34.19
4.			09				5:22.33		561			
	50m:	33.83	33.83	150m:	1:56.31	41.54	250m:	3:23.83	48.15	350m:	4:47.45	35.55
	100m:	1:14.77	40.94	200m:	2:35.68	39.37	300m:	4:11.90	48.07	400m:	5:22.33	34.88
5.			09				5:29.99		523			
	50m:	34.78	34.78	150m:	2:00.47	42.58	250m:	3:28.68	47.20	350m:	4:53.67	37.39
	100m:	1:17.89	43.11	200m:	2:41.48	41.01	300m:	4:16.28	47.60	400m:	5:29.99	36.32
6.			09				5:30.11		522			
	50m:	34.01	34.01	150m:	2:00.38	45.32	250m:	3:29.91	46.38	350m:	4:54.65	38.13
	100m:	1:15.06	41.05	200m:	2:43.53	43.15	300m:	4:16.52	46.61	400m:	5:30.11	35.46
7.			09				5:41.05	1	473			
	50m:	35.54	35.54	150m:	2:05.65	46.15	250m:	3:37.61	48.73	350m:	5:05.04	39.07
	100m:	1:19.50	43.96	200m:	2:48.88	43.23	300m:	4:25.97	48.36	400m:	5:41.05	36.01
DSQ			10									
	50m:	34.65	34.65	150m:	2:02.24	44.42	250m:	3:30.87	45.96	350m:	4:56.60	37.96
	100m:	1:17.82	43.17	200m:	2:44.91	42.67	300m:	4:18.64	47.77	400m:		